



# Rustic Mama Amazing Race – Packing List

## Clothing & Gear

- Athletic clothing for outdoor activities
  - Layers for warm days & cool nights
  - Rain jacket / weatherproof outerwear
  - Sturdy running or hiking shoes (bring 2 pairs if possible!)
  - Swimwear & towel
  - Hat, sunglasses, sunscreen, bug spray
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## Camping Essentials

- Sleeping bag & pillow (cabins/tent provided, no bedding)
  - Flashlight or headlamp
  - Refillable water bottle
  - Small backpack/waist pack for challenges
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## Other Useful Items

- Personal toiletries
  - Quick snacks/energy bars
  - Fun team outfit, color, or accessory to stand out!
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✨ Be prepared for adventure, rain or shine, and most importantly — bring your team spirit!