



Winter Suggested Packing List

<p><u>Clothing</u> Long Sleeve Shirts Sweatshirts Pants Workout Wear (active sessions) Pajamas Underwear Socks</p> <p>Winter Jacket Snow Pants Winter Boots Warm Hat/Toque Warm Mittens</p> <p>Indoor Shoes/Slippers</p>	<p><u>Miscellaneous</u> Toiletries Towel Cell Phone Charger Camera Flashlight</p> <p>Refillable Water Bottle Travel Mug Alcoholic Beverages Cooler with ice Snacks (nut free!)</p> <p>Sunscreen Sunglasses</p> <p>Yoga Mat (yoga session) Paint Smock (paint sessions)</p> <p>Cash – for private sessions or to purchase items from the marketplace</p>	<p><u>Bedding</u> Sheets (twin size) Blankets or Sleeping Bag Pillow & Pillow Case</p> <p>Camp Chair for cabin seating</p> <p><u>Please DO NOT Bring</u> Scented Products Nuts of any kind Space Heaters Men, Kids or Pets</p>
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Alcoholic Beverages

You are welcome to bring your own alcoholic beverages for consumption inside your cabin. However, due to our liquor license guidelines, only alcohol purchased from the venue is allowed inside the dining hall.

We will provide wine, free of charge, during the wine social hour on Friday and during dinner each night.

During the nightly activities (7pm-11pm), a cash bar will be set up inside the dining hall. Beer, Wine and Coolers can be purchased for \$5 each. **Cash only.**

Shared Accommodations

Accommodations include cozy, winterized, lakeside cabins with electricity, perfect for bunking down with girlfriends. All have access to a central washroom facility, with sinks, showers and toilets.

Most cabins accommodate 6-18 people so be sure to let us know if you have any cabin mate requests. Come prepared to make new friends!

Remember to bring your own pillow and sleeping bag, and a flashlight to navigate to your cabin at night.